## **RESOLUTION 2016-164**

## RESOLUTION OF THE TOWNSHIP OF BARNEGAT, COUNTY OF OCEAN, STATE OF NEW JERSEY, RECOGNIZES APRIL 2016, AS NATIONAL YOUTH SPORTS SAFETY MONTH

**WHEREAS**, Each year, approximately 30 million kids and teens, in the U.S., participate in some form of organized sports in which 3 million suffer serious sports-related injuries and more than 3.5 million children, 14 years of age and younger, receive medical treatment for sports-related injuries; and

**WHEREAS,** sprains, strains, overuse, injuries and fractures are the most common youth sports injuries and children going through growth spurts or exercising without adequate rest periods are most vulnerable; and

**WHEREAS**, basketball, track, baseball, gymnastics, and swimming are the most common sports in which overuse injuries are seen. In addition to traumatic brain injuries, 8% of spinal cord injuries are sports injuries; and

**WHEREAS**, children are especially vulnerable to extremes of temperature and there have been deaths of high school football players due to heat stroke; and

**WHEREAS**, concussion legislation has no passed in 43 states and urges schools to adopt safety measures to protect students from injury or illness that occur in certain areas; and

**WHEREAS**, the plan requires that all schools have a comprehensive athletic care program and a health care team and assure safe practice and play facilities that are regularly inspected and cleaned.

**NOW, THEREFORE, BE IT RESOLVED,** by the Township committee of the Township of Barnegat that it hereby proclaims the month of April 2016 as NATIONAL YOUTH SPORTS SAFETY MONTH, and encourages and supports all efforts of our schools in providing safety equipment to our youth and sports safety knowledge to all children involved in sports in addition to their parents.

**BE IT FURTHER RESOLVED that** a copy of this resolution shall be forwarded to the Ocean County Board of Chosen Freeholders, Barnegat Recreation, Barnegat High School Sports Director and the Ocean County Mayors.

## **CERTIFICATION**

I, Michele A. Rivers Municipal Clerk of the Township of Barnegat, County of Ocean, State of New Jersey do hereby certify that the foregoing resolution was duly adopted by the Township Committee of the Township of Barnegat at their regular meeting held in the Municipal Complex, 900 West Bay Avenue, Barnegat, on the 5<sup>th</sup> day of April 2016

Michele A. Rivers, RMC Municipal Clerk