

## RESOLUTION 2015-115

### RESOLUTION OF THE TOWNSHIP OF BARNEGAT, COUNTY OF OCEAN, STATE OF NEW JERSEY IN SUPPORT OF APRIL AS NATIONAL YOUTH SPORTS SAFETY MONTH

**WHEREAS**, Each year, approximately 30 million kids and teens, in the U.S., participate in some form of organized sports in which 3 million suffer serious sports-related injuries and more than 3.5 million children, 14 years of age and younger, receive medical treatment for sports-related injuries; and

**WHEREAS**, sprains, strains, overuse injuries and fractures are the most common youth sports injuries and children going through growth spurts or exercising without adequate rest periods are most vulnerable; and

**WHEREAS**, basketball, track, baseball, gymnastics and swimming are the most common sports in which overuse injuries are seen. In addition, traumatic brain injuries and 8% of spinal cord injuries are sports injuries; and

**WHEREAS**, children are especially vulnerable to extremes of temperature and there have been deaths of high school football players due to heat stroke; and

**WHEREAS**, concussion legislation has now been passed in 43 states and urges schools to adopt safety measures to protect students from injury or illness that occur in certain areas; and

**WHEREAS**, the plan requires that all schools have a comprehensive athletic care program and a health care team and assure safe practice and play facilities that are regularly inspected and cleaned.

**NOW, THEREFORE BE IT RESOLVED** that the Township of Barnegat joins the Ocean County Health Department in proclaiming the month of April 2015 as NATIONAL YOUTH SPORTS SAFETY MONTH in Barnegat Township and encourages and supports all efforts of our schools in providing safety equipment to our youth and sports safety knowledge to all children involved in sports in addition to their parents.

**BE IT FURTHER RESOLVED** that a copy of the resolution shall be forwarded to the Ocean County Health Department, the Ocean County Board of Chosen Freeholders, Barnegat High School Athletic Department and the Ocean County mayors.

### CERTIFICATION

I, Michele A. Rivers, Municipal Clerk of the Township of Barnegat, County of Ocean, State of New Jersey do hereby certify that the foregoing resolution was duly adopted by the Township Committee at their regular meeting held on the 4<sup>th</sup> day of May 2015, in the Municipal Courtroom, 900 W. Bay Avenue, Barnegat NJ 08005.

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Michele A. Rivers, RMC  
Municipal Clerk