

RESOLUTION 2014-214

RESOLUTION OF THE TOWNSHIP OF BARNEGAT, COUNTY OF OCEAN, STATE OF NEW JERSEY IN SUPPORT OF APRIL AS NATIONAL YOUTH SPORTS SAFETY MONTH

WHEREAS, youth sports injuries account for 41% of musculoskeletal injuries in kids age 5-21 years. Most injuries occur in 13 year olds, who are immature physically, emotionally and intellectually; and

WHEREAS, sprains, strains, overuse injuries and fractures are the most common youth sports injuries and children going through growth spurts or exercising without adequate rest periods are most vulnerable; and

WHEREAS, basketball, track, baseball, gymnastics and swimming are the most common sports in which overuse injuries are seen. In addition, traumatic brain injuries and 8% of spinal cord injuries are sports injuries; and

WHEREAS, children are especially vulnerable to extremes of temperature and there have been deaths of high school football players due to heat stroke; and

WHEREAS, high school athletes suffer 2 million injuries, 500,000 doctor visits and 30,000 hospitalizations each year; and

WHEREAS, concussion legislation has now been passed in 43 states and urges schools to adopt safety measures to protect students from injury or illness that occur in certain areas; and

WHEREAS, the plan requires that all schools have a comprehensive athletic care program and a health care team and assure safe practice and play facilities that are regularly inspected and cleaned.

NOW, THEREFORE BE IT RESOLVED that the Township of Barnegat joins the Ocean County Health Department in proclaiming the month of April 2014 as NATIONAL YOUTH SPORTS SAFETY MONTH in Barnegat Township, Ocean County and encourages and supports all efforts of our schools in providing safety equipment to our youth and sports safety knowledge to all children involved in sports in addition to their parents.

BE IT FURTHER RESOLVED that a copy of the resolution shall be forwarded to the Ocean County Health Department, the Ocean County Board of Chosen Freeholders, Barnegat High School Athletic Department and the Ocean County mayors.

CERTIFICATION

I, Sharon L. Auer, do hereby certify that the foregoing resolution was duly adopted by the Barnegat Township Committee at their regular meeting held on the 7th day of April 2014, in the Municipal Complex, 900 W. Bay Avenue, Barnegat NJ 08005

Sharon L. Auer
Acting Municipal Clerk