

Virtual Calendar of Free Public Support Groups to respond to COVID -19

By RWJBarnabas Health Institute for Prevention and Recovery's Hope and Healing Program

Mondays

- **Healing the Hero – 10am**
<https://zoom.us/j/93247469703?pwd=K3Y3NVdBcnQ5eHhNMWhRUVJVektGdz09>
Meeting ID: 932 4746 9703 Passcode: 374382
- **Our Responders First – 8pm**
<https://zoom.us/j/96728363218?pwd=RGJnaERoemZHYkdJcVdmTUFETUhmZz09>
Meeting ID: 967 2836 3218 Passcode: 237887

Tuesdays

- **Holiday Wishes-Coping with Change – 3pm**
<https://zoom.us/j/97426759376?pwd=emh4NVBxQkhORDk2VGhybDh1aHVYUT09>
Meeting ID: 974 2675 9376 Passcode: 275889
- **Women in Recovery: Self Care and Resiliency- 8-9pm**
<https://zoom.us/j/99774317630?pwd=RnUyenRKQUUxOEw3cVJHdEY3Zm1vdz09>
Meeting ID: 997 7431 7630 Passcode: 384719

Wednesdays

- **Bored in the House: Youth Hangout - 4:30pm**
<https://zoom.us/j/94732149652?pwd=L3BEUTZBR004dnRpNmdkYnRQMWdvdz09>
Meeting ID: 947 3214 9652 Passcode: 726468
- **Happy Holidays in Recovery - 8-9 pm**
<https://zoom.us/j/99017253565?pwd=MGFuMUhBZWdFc205dVRhYXF6c014Zz09>
Meeting ID: 990 1725 3565 Passcode: 269916

Thursdays

- **Our Responders First – 9am**
<https://zoom.us/j/98859725166?pwd=QIZSK3lkVzFLVWQ4NjY5dDZMS05hdz09>
Meeting ID: 988 5972 5166 Passcode: 835069
- **Healing the Hero – 4pm**
<https://zoom.us/j/95697045483?pwd=WTJYSGNwZ0l4N21TanFVSIFwUUMxZz09>
Meeting ID: 956 9704 5483 Passcode: 774386
- **Women in Recovery: Self Care and Resiliency – 8-9pm**
<https://zoom.us/j/92113019522?pwd=cnU0YnByaGFBejJOUiVUY1lqeUdHZz09>
Meeting ID: 921 1301 9522 Passcode: 787666

Fridays

- **Holiday Wishes-Coping with Change – 3pm**
<https://zoom.us/j/95709779459?pwd=bG1Fd3JGa3U1RDBSWjJFQzBwc2E1dz09>
Meeting ID: 957 0977 9459 Passcode: 542469

Coming Soon...Yoga for Everyone