

FOOD AND SHELTER ASSISTANCE

OCEAN COUNTY HUNGER RELIEF
917-5 N. MAIN STREET, TOMS RIVER, NJ 08753 732-505-4357

WELFARE

Ocean County Board of Social Services, 1027 Hooper Ave.,
P.O. Box 547, Toms River, NJ 08754 732-349-1500

CONVENANT HOUSE

929 Atlantic Ave., Atlantic City, NJ 08401 609-348-4070

OCEAN'S HARBOR HOUSE

2445 Windoor Ave., Toms River, NJ 08753 732-929-0660
Services available 24 hours a day, 7 days a week
Temporary shelter for runaway, homeless, and abused youth, ages 10-17.

KING OF KINGS, 1000 N. Main Street, Manahawkin, NJ 609-597-7177
Stafford Township - Food Bank

ST STEPHEN'S EPISCOPAL CHURCH 367 US Highway B 609-698-8561
Waretown - Food Bank

Emergency shelter and services for victims of domestic violence

EMPLOYMENT/TRAINING

OCEAN COUNTY PRIVATE INDUSTRY COUNCIL
(One Stop Career Center) 1959 Rt. 9, Toms River NJ 732-240-5995

NEW JERSEY EMPLOYMENT INFORMATION - Looking for a Job?
Utilize computer to access Web Page: <http://www.wnjin.state.nj.us>

SOCIAL SERVICES

Crisis Intervention - Mental Health Emergencies
Individual/Family Counseling/ Drug & Alcohol Abuse Services

FAMILY AND COMMUNITY SERVICES OF CATHOLIC CHARITIES
88 Schoolhouse Road, Suite 2, Whitting, NJ 08755 732-350-4120 Ext 103

DRUG/ALCOHOL COUNSELING

OCEAN MENTAL HEALTH SERVICES, INC
81 Nautlius Drive, Manahawkin, NJ 08050 609-597-5327

SAINT FRANCIS COUNSELING SERVICES
4700 Long Beach Island Blvd., Brant Beach, NJ 08008 609-494-1554

NARCOTICS ANONYMOUS 1-800-992-0401

AIDS/SEXUALLY TRANSMITTED DISEASES

AIDS HOTLINE 1-866-448-2432 and 1-800-624-2377

AIDS COMMUNITY CARE ALTERNATIVES PROGRAMS
Ocean County Board of Social Services
1027 Hooper Ave., P.O. Box 547, Toms River, NJ 08754
8:30 am - 4:30 pm 732-349-1500

SEXUAL ASSAULT/RAPE/DOMESTIC VIOLENCE

Victims of rape or sexual assault should contact police and go to the nearest hospital emergency room immediately!!

SAINT FRANCIS COUNSELING SERVICES
SEXUAL ABUSE HOTLINE 609-494-1090 or 732-240-6100

FAMILY CRISIS INTERVENTION UNIT - FCIU
Crisis Intervention counseling for the Southern Ocean County area.
Ask for the Southern County Team 732-864-2117

PROVIDENCE HOUSE OF OCEAN COUNTY
P.O. Box 4344 Bricktown, NJ 08723 732-244-8259
Hotline 1-800-246-8910
Emergency shelter and services for victims of domestic violence.
OCEAN LEGAL SERVICES 8:30 am-4:30 pm 732-341-2727

SOUTHERN OCEAN MEDICAL CENTER SUPPORT GROUPS

ALZHEIMER'S SUPPORT GROUP
1st Monday of the month, 1:00 pm, Family Resource Center
DIABETES SUPPORT GROUP
1st Thursday of the month, 3:00 pm, Family Resource Center

HOMELESSNESS PREVENTION PROGRAM Ocean Inc.,
Toms River 732-244-2351 ext 14

NATIONAL RUNAWAY SWITCHBOARD 1-800-RUN-AWAY
For the hearing impaired (TDD) 1-800-621-0394
Confidential help for teens with temporary shelter, abuse, depression, finding answers and transportation.

PROVIDENCE HOUSE
P.O. Box 104, Toms River, NJ 08754 732-244-8259
Hotline (from 609 area only) 1-800-246-8910

ST. MARY'S McKinley Ave., Manahawkin 609-698-7477
Stafford Township - Food Bank

SHELTER - FAMILY PROMISE - 338 South Main St 609-894-3317

UNEMPLOYMENT CLAIMS SERVICES
111 W. Water Street, Toms River, NJ 08753 (Must apply in person)

SOUTHERN REGIONAL SCHOOL BASED YOUTH SERVICES
600 N. Main Street, Manahawkin, NJ 08050 609-597-9481

ALCOHOLICS ANONYMOUS
Information number to guide people to local meetings 609-494-5130

LIGHTHOUSE AT OCEAN COUNTY COUNSELING 609-489-0787

OCEAN COUNTY HEALTH DEPARTMENT
175 Sunset Avenue, Toms River, NJ 08754 732-341-8700
Free testing for sexually transmitted disease, AIDS/STD information

SAINT FRANCIS COUNSELING SERVICES
4700 Long Beach Blvd., Brant Beach, NJ 08008 609-494-1354
Individual, family, and drug abuse counseling. Sliding scale fee.

NEW JERSEY DIVISION OF YOUTH AND FAMILY SERVICES (DYFS)
1510 Hooper Ave., Suite 210, Toms River, NJ 08753 732-255-0700
State of New Jersey Child Welfare Agency.

OCEAN COUNTY FAMILY COURT DOMESTIC VIOLENCE COMPLAINT UNIT
Restraining Orders
Monday - Friday 8:30 am - 3:30 pm 732-929-2019
PARENTS ANONYMOUS 1-800-THE-KIDS or 1-800-043-5497

BREAST CANCER SUPPORT GROUP
2nd Tuesday of the month, 7:00 pm, Family Resource Center
BENEFITMENT SUPPORT GROUP
Southern Ocean Health & Hospice, 80 Nautlius Dr., Manahawkin - 609-489-1

ADULT SUPPORT GROUP

2nd Tuesday of the month, 1:00 pm, Family Resource Center
(Does not meet in July and August)

ALCOHOLICS ANONYMOUS

Every Friday and Sunday - 7:30 pm, Ullman Conference Center at SOMC
Every Wednesday and Thursday at the Community Center 238 11th St.

ADULT SUPPORT GROUP

1st Tuesday of each month 3:00 pm, Southern Ocean Med Center
609)978-8919

DEPRESSION / BI-POLAR SUPPORT GROUP

Every Friday, 7:15 pm, Family Resource Center

CAREGIVER SUPPORT GROUP

3rd Monday of each month 3:30

HAWKINS HAWKEYES SUPPORT GROUP (LOW VISION)

1st Wednesday of the month (except July and August) 1:00 pm, Family Res. Center

OVEREATERS ANONYMOUS

Every Saturday and Sunday - 9:30 am, Ullman Conference Center at SOMC

BEREAVEMENT SUPPORT GROUP

THE COMPASSIONATE FRIENDS - www.1stgen.webtv.com - For families who are grieving the death of a child of any age and from any cause.

ST. FRANCIS CHURCH - BLANT BEACH - 608-494-1554

OCEAN COUNTY SENIOR SERVICES

PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED (PAAD)

1-800-792-9745

SOCIAL SECURITY ADMINISTRATION 1350 Doughty Rd.,

Egg Harbor Township, NJ 08234-5636 (Pleasantville) 1-800-772-1213

MEDICARE State Health Insurance Assistance Program (SHIP)

Coordinator 732-929-2091

HOME DELIVERED MEALS 732-367-1400

OCEAN COUNTY BOARD OF SOCIAL SERVICES

732-349-1500

HOME ENERGY ASSISTANCE (HEA)

O.C.E.A.N. Inc. 732-244-9041

O.C.E.A.N., INC.

Emergency Rental and Mortgage Assistance,

Reverse Mortgage Counseling 732-244-9041

TAX ASSISTANCE

732-929-2091

OCEAN COUNTY TRANSPORTATION SERVICES

Ocean Ride Transportation Services 732-736-8909

Southern Ocean County 1-877-929-2082

INTERFAITH HEALTH & SUPPORT SERVICES OF SOUTHERN OCEAN COUNTY

609-489-0278

FAMILY PLANNING AND PREGNANCY SERVICES

FAMILY PLANNING PROGRAM OF OCEAN COUNTY

290 River Ave., Laitwood, NJ 08702 732-364-9696

BIRTHRIGHT OF OCEAN COUNTY

829 W. Bay Ave., Barnegat, NJ 08005 (Mon. - Fri. 10am - 2pm)

Call first 609-660-0485

WOMEN, INFANTS AND CHILDREN (WIC)

Ocean County Health Department

175 Sunset Ave., Toms River, NJ 08754 732-341-9700 Ext. 7520

DAYCARE

HEADSTART, O.C.E.A.N. (Ages 3-5)

40 Washington Street, P.O. Box 1029 Toms River, NJ 08754 732-244-5333

EARLY INTERVENTION - SPECIAL CHILD

175 Sunset Ave., P.O. Box 2191, Toms River, NJ 08754 732-341-9700 Ext 7602

YOUTH ORGANIZATIONS

BOY SCOUTS OF AMERICA

Jersey Shore Council, 1518 Ridgeway Rd., Toms River, NJ 08755

Jaite Knight 732-349-1037 Ext 29

GIRL SCOUTS OF AMERICA

Council of Ocean County, 1045 Old Freehold Rd., Toms River, NJ 08753

732-349-4489

4H DEVELOPMENT

Rutgers Cooperative Extension of Ocean County, 1623 Whitesville Rd.,

Toms River, NJ 08755 Contact Karon F. Mansue 732-349-1277

Many of the local churches have youth groups and activities. Please see the church listing and call the churches for more information.

CLUBS AND ORGANIZATIONS

SALVATION ARMY DISBURSEMENTS

Contact St. Vincent de Paul Society - Stafford Township Area (W) 609-698-7477

Contact Linda Ash - Long Beach Island Area (W) 609-494-1518

SOUTHERN OCEAN COUNTY CHAMBER OF COMMERCE 609-484-7211

Meets 2nd Tuesday of month - Call for meeting time visit 1stRegion.com

SOUTHERN OCEAN ROTARY CLUB - Meets every Wednesday of the month, 12:15 p.m., Villaggio's, McKinley Ave.,

Manahawick, NJ 08050 Contact Kelli Gusten 609-660-1024

CHURCHES

CATHOLIC: ST. MARY'S 890-5531

EPISCOPAL: ST. STEPHENS 698-0561

METHODIST: WARETOWN UNITED 693-2134

LUTHERAN: LORD OF LORDS 597-7177

PRESBYTERIAN: CHURCH OF THE HOLY SPIRIT 597-7177

PRESBYTERIAN: WRIGHT MEMORIAL 698-3350

KING OF KINGS COMMUNITY 597-7177

JEWISH COMMUNITY CENTER 492-4090

BAPTIST MANAHAWICK 597-7586

TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE

